

2019 Florida Winter Invitational Meet
West Palm Beach, FL
February 9-10, 2019

Hosted By: Palm Beach Coralytes

Facility: Lake Lytal Aquatic Complex
3645 Gun Club Road
West Palm Beach, FL 33406
(561) 233-1426

Rules: The current USSS Rulebook shall govern the event.

Sanctioned By: USA Synchro and Palm Beach Coralytes

Meet Manager: Caroline Karolinko synchro48@aol.com 561-706-7880

Eligibility:

- All participants must be registered as regular athletes with USSS. Only Novice athletes may be registered as recreational athletes.
- Foreign competitors must follow rules of USASynchro to compete.
- No qualifications are needed to enter.
- Figures and Final Routines only.
- Free and Tech Routines for ages 16-19 JO will be swum as separate events. Scores will not be combined for a championship score.

Divisions:

- Novice
 - 8+Under
 - 9-10
 - 11-12
 - 13+Over
- Intermediate
 - 10 +Under
 - 11-12
 - 13-15
 - 16+ Over
- Figure Groups:
 - Intermediate B
 - Intermediate A
- Age Group/ JO
 - Competition shall consist of free routines for 12 and under, 13-15, 16-17 and 18-19
 - Tech routines for 16-17 and 18-19 with Junior Elements
 - Tech routines are NOT MANDATORY to compete with a free routine
 - Figures will be swam voluntarily for 12 and under and 13-15 and will NOT be combined with Free Routines for a championship score.

Entries: All entries must be typed or computer generated. Entries with proof of membership must be emailed to Caroline Karolinko synchro48@aol.com by **Friday January 25, 2018**.

Email must include:

- Entry form for each division (i.e. Novice, Intermediate A, Intermediate B, JO ...)
- Proof of membership from USASynchro.
- Forms B, C, and D

Mail checks and Form B by January 25, 2018 to:

Caroline Karolinko
6293 Country Fair Circle
Boynton Beach, FL 33437

Entry Fees:

- **Sponsor Fee:** \$25 per competitor including alternates and pre-swimmers.
- **Entry Fee:** \$10 per event per competitor

Music: Music should be submitted electronically no later than Friday, January 25, 2019. All files need to be in the MP3 Format and labeled as listed below:

Team_event_division & Age. Add swimmers last names if more than one routine is entered in the same event (ie: TOL_TEAM_AG13-15.mp3; TOL_DUET_INT13-15_JonesSmith.mp3)

Awards: Ribbons for all places will be given in each event.

Pool Specs: <http://discover.pbcgov.org/parks/Aquatics/Lake-Lytal.aspx>

Practice/Lap Swimming: Lap swimming will be available throughout the meet in several lanes next to the competition area.

Hospitality: Coaches and Officials are welcome to the hospitality area for drinks, snacks, breakfast and lunch throughout the meet.

Concessions: Concessions will be available throughout the competition. Breakfast and lunch will be available for purchase.

Gelling: There will be a gelling station available outside the pool. Competitors may wash out their gel inside the facility. Please keep the area clean and neat or these privileges will be suspended.

Figures:

Group 2 for Novice and Intermediate B,
Group 3 for Intermediate A and JO

Novice:

101 Ballet Leg 1.6
310 Blossom 1.1
361 Prawn 1.4
201 Dolphin 1.6

Intermediate B:

101 Ballet Leg 1.6
301 Barracuda 2.0
349 Tower 1.9
420 Back Walkover 2.0

JO 12 and Under and Intermediate A:

106 Straight Ballet Leg 1.6
301 Barracuda 1.9
420 Back Walkover 2.0
324 Ballerina 2.0

JO 13-15:

423 Ariana 2.2
143 Rio 3.1
325 Jupiter 2.8
437 Oceanea 2.1

Tentative Schedule

Saturday February 9 (Novice and JO Free Routines)

8:00 am	Pool opens Novice Routine Competition (trios, duets, solos, teams- youngest to oldest)
12:00 pm	Novice Figure Competition
1:00 pm	Lunch Break followed by Novice Awards
2:00 pm	JO Free Routines (combos, duets, solos, teams youngest to oldest)
6:00 pm	JO Free Routine Awards

Sunday February 10 (Figures, Tech Routines and Intermediate)

8:00 am	JO 13-15 Figures 12 and Under and Intermediate A Figures Intermediate B Figures Lunch Break
1:00	Intermediate Trios JO Tech and Intermediate Duets JO Tech and Intermediate Solos JO Tech and Intermediate Teams
6:00 pm	JO Tech and Intermediate Awards

- **Please note, this schedule is tentative. A final schedule will be sent out when we receive the entries.**

FORM A ENTRY FORM

MEET NAME: 2019 Winter Invitational

Meet Location: WPB, FL

Club Name _____ 3-Letter Club Code: _____

EVENT: _____ (ie intermediate A or B, Age group 13-15 etc)

Athlete Name (First, then Last)	Registration Number	Birth Year	Figure Group	<u>Solo</u>		<u>Duet</u>		<u>Trio</u>		<u>Team</u>		Comments
				ID#	Age Div.	ID#	Age Div.	ID#	Age Div.	ID#	Age Div.	
Totals												

Team Contact(s) Coach _____ Phone _____ Email _____

The athlete(s) listed above are currently registered with USSSI and are correctly entered for this meet.

Coach's Signature: _____ Date _____

Attach complete Proof of Qualification. IE ATTACH YOUR TEAM REGISTRATION TO VERIFY SWIMMER'S NAME AND NUMBER AND AGE

FORM B
FINANCIAL SUMMARY

Team Name: _____

Team Contact: _____
NAME EMAIL

Cell Phone: _____

Sponsor Fee: \$25.00 X _____ # OF ATHLETES = _____

Make sponsor fee check payable to Palm Beach Coralytes

Entry Fees:

Solos \$10 x _____ # of Solos = _____

Tech Solos \$10 x _____ # of Solos = _____

Duets \$20 x _____ # of Duets = _____

Tech Duets \$20 x _____ # of Duets = _____

Trios \$30 x _____ # of Solos = _____

Teams \$10 x _____ # of Swimmers = _____

Tech Teams \$10 x _____ # of Swimmers = _____

Combo \$10 x _____ # of Swimmers = _____

TOTAL DUE (entry fees) = _____

Make entry fee check payable to SE FL Association

Send Checks with Forms by January 25, 2019 to
Caroline Karolinko
6293 Country Fair Circle
Boynton Beach, FL 33437
Synchro48@aol.com

FORM C
OFFICIALS AVAILABILITY

Team Name: _____ **Association:** _____

Name	Rating	Saturday	Sunday

Special Notes:

FORM D

CCP COACHES

**PLEASE LIST COACHES WHO WILL BE ATTENDING WITH YOUR TEAM.
YOU MUST BE A CURRENT CCP LEVEL 2 TO BE ON DECK.**

1.

2.

3.

4.

5.

Hotel Information:

Unfortunately, it is high season in Florida. Please do not wait to book rooms. They will not be there long and prices will go up!

Sponsored Hotels: (Under Palm Beach Coralytes Swim Team)

Ramada West Palm Beach Airport

Address: 1901 Palm Beach Lakes Blvd.
West Palm Beach, FL 33409
561-689-6100
Rate: \$149
Cut off: January 11, 2019
Booking Code: 1902CORALY

The Inn at Boynton Beach

Address: 480 West Boynton Beach Blvd.
Boynton Beach, FL 33435
561-734-9100
Rate: \$93
Cut off: January 11, 2019