



NW Florida Synchro Clinic

For Novice, Intermediate, and First-year JO swimmers
to learn new techniques and improve skills!

Our clinician, **MEGAN AZEBU**, who is currently a collegiate coach and works with swimmers from club teams in California, has directed many clinics for novice and intermediate swimmers. She has developed a schedule that includes fun land work as well as new skills in the water.

Saturday, April 21, 9:00-5:00

Sunday, April 22, 9:00-2:00

Westside Pool (outdoors)

1001 NW 31st Dr

Gainesville, FL

Bring lunch, water bottle, sunscreen, 2 towels and any other essentials needed. Snacks and water provided!

Clinic Registration Form

Cost is **\$50** for the weekend. This clinic is funded by a generous grant from the US Synchro Foundation. Must be a registered member of USSSS. Please submit check payable to **NW Florida Synchro** along with this form.

Swimmer Name _____ USSS Reg. Number _____

Club Team _____ Parent email _____

Parent Cell Phone _____ Home Phone _____

Send check and this form to: **NW Florida Synchro Clinic, 7279 Anglewood Lane, Tallahassee, FL, 32309**

***** DEADLINE: FRIDAY, APRIL 6TH *****

Questions? Email, text, or call Karen Norris, Admin Chair, 850-264-7558, norrisk1@hotmail.com