

Sunshine State Games – 2015 – Sarasota, FL

SATURDAY

ALL TIMES ARE APPROXIMATE – WE WILL MOVE FORWARD AS QUICKLY AS POSSIBLE –
PLEASE HAVE SWIMMERS READY FOR THEIR NEXT EVENT...

NOVICE (8AM-3PM)

8AM - Facility Opens

8:30AM - Lap Swimming and Coaches Meeting

9AM - Figure Warm up - Novice – 2 groups (15 minutes each) - 30 minutes Total

9:30AM - Novice Figure Competition (~75 swimmers)

Quick Break ~ 10:45AM-11AM

11AM - Novice Run Through with Music - Approximately 30 minutes

11:30AM - Trio Competition (10 Novice Routines)

11:50AM - Duet Competition (20-25 Novice Routines)

12:20PM - Solo Competition (20-25 Novice Routines)

12:45PM - Team Competition (10 Novice Routines)

NOVICE AWARDS to follow ASAP... Approximately 2PM

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SUNDAY

ALL TIMES ARE APPROXIMATE – WE WILL MOVE FORWARD AS QUICKLY AS POSSIBLE –
PLEASE HAVE SWIMMERS READY FOR THEIR NEXT EVENT...

INTERMEDIATE – MASTERS - OPEN (8AM-5PM)

8AM - Facility Opens

8:30AM - Lap Swimming and Coaches Meeting

9AM - Figure Warm up – INTERMEDIATE B – 2 groups (15 minutes each) - 30 minutes Total

9:30AM - INTERMEDIATE B Figure Competition (~75 swimmers)

11AM - Figure Warm up – INTERMEDIATE A – 1 group (15 minutes)

11:15AM - INTERMEDIATE A Figure Competition (~23 swimmers)

11:50AM - TRIO WARM UPS

12:05PM – DUET WARM UPS

12:25PM – TRIO Competition

1:05PM – DUET Competiton

2:10PM – SOLO WARM UPS

2:25PM – TEAM WARM UPS

2:30PM – SOLO Competition

3:15PM – TEAM Competition

3:45PM – OPEN AND MASTERS – Solo, Duet, Trio WARM UP (10 minutes)

3:55PM – OPEN AND MASTERS – Team WARM UP (10 minutes)

4:15PM – OPEN AND MASTERS ROUTINE COMPETITION (~5 routines)

INTERMEDIATE, OPEN, AND MASTERS AWARDS to Start ASAP... Approximately 4:30PM